

# Certificate in Pastoral Care & Universal Wellbeing Coaching (120 Hours)



## **Programme Aim**

This programme develops advanced professional knowledge and the communication skills required to coach the achievement of Universal Wellbeing Enhancement Plans, and to monitor, manage risk, advise, and refer clients to other clinicians, and experts when appropriate.

*\*Accreditation Requirements for: Professional Universal Wellbeing Coach (Coaching of Universal Wellbeing Enhancement Planning & Support Services).*

## **Programme Outcome**

Graduates of this professional programme will be prepared to manage and monitor wellbeing quality systems, processes, practices, and outcomes across an organisation.

## **Programme Content**

During this programme advanced influential communication skills will be introduced and developed along with UWET Enhancement Planning and Universal Wellbeing Enhancement Coaching capabilities. The programme also examines and practices coaching individuals, staff, families, and teams in order to accurately evaluate and coach enhancements in Universal Wellbeing variables and in ways that are effective, for individuals, families, teams, and organisations.

## **Entry Criteria**

Entry to this programme is open to those who can demonstrate a strong interest in working in professional wellbeing coaching, management, facilitation, education, monitoring, risk management, advice giving, referring and evaluation related roles. All applicants will complete an enrollment form and will be interviewed before their place may be confirmed in this programme.

## **Annual Programme Start Dates**

Programme start dates: February, April, July, and October of each year or as organised.

## Programme Delivery

This programme is delivered via face to face or interactive online modes.  
2 hours a week for 28 weeks or via eight x 8 hours weekend days  
Options are discussed with enrollees.

## Summary of Modules

Code	Module	Facilitated Hours	Homework Time Estimate
CWM 1	Advanced Communication	20	20 to 40 hours
CWM 2	Organisational Wellbeing Planning & Systems	20	20 to 40 hours
CWM 3	Staff/Family/Team Facilitation	20	20 to 40 hours
CWM 4	Organisational Wellbeing Evaluation	20	20 to 40 hours

*Note: Those enrolling must have access to a group of people they can work with during this programme.*

## Learning Approach

Highly interactive educational facilitation, multiple intelligences, experiential and reflection processes will be employed in this programme.

## Assessment Approach

Achievement-based assessment methodology will be applied in this programme to support high levels of success and quality.

## Employment Pathways

Work in a diverse range of wellbeing settings such as Pastoral Care, Health Promotion or Holistic Organisational Wellbeing Coordinators, Managers or Champions.

## Investment

\$1,000 per module

\$4,000 for the whole programme

## New Zealand Curriculum Design Institute

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